



Winter Edition 2015

Parkview's Senior Scene

December 2015

Serving Residents, Families, Staff and Friends of Parkview Home & Village

Warm Wishes from The Executive Director



As the new-fallen snow lies on the ground this morning, my mind turns to the season of Christmas that is rapidly approaching. Gift lists loom large in my mind today and I recognize that gifts have often been the focus at Christmas time for many of us.

In childhood days, thoughts of approaching Christmas brought eager anticipation over what treats the hidden bags and boxes might contain. As I got older, I can remember trying to come up with ideas for those on my list with the limited income of a teenager. As an adult, there seemed to always be one more toy for one of the children or a just little more needed to stuff a stocking.

Yet as the years have passed, I have come to believe more and more that the gifts of the season that really matter are not the ones that are wrapped under the tree. The gifts that matter to me, and I suspect to all of us, are the innate gifts that we are all capable of sharing with those around us. They are the gifts of time, of caring, and of compassion. This year I pray that these are the gifts that we share with the Residents of Parkview, our families, our friends, and all we come in contact with during this Joyful season.

*The joy of brightening other lives, bearing each other's burdens, easing each other's loads, and supplanting empty hearts and lives with generous gifts [of love] becomes for us the Magic of Christmas. W.C. Jones
Solange Taylor*



Come celebrate the season with us: Christmas Open House

On Wednesday December 2nd from 6:30—8:00 pm at Parkview Home in Founder's Hall. All residents and their families are invited to enjoy a light fare and a social time together.

Staff Talent Show

Friday December 18th at 2pm at Parkview Home in Founder's Hall. All talent and enthusiasm welcome.

Christmas Lunch

At Parkview Home on Friday December 25th for Residents and Families. We are currently taking reservations. Guests are asked to reserve prior to December 16th.

Lions Club Christmas Light Tour around Stouffville

On Thursday December 17th, Notices to follow

Village Resident Christmas Party

At the Village Cafe on Friday December 4th starting at 12:00pm with the Stouffville Spartans Choir to arrive at 1:15pm in the Village auditorium

Staff Appreciation and Service Awards



We invite all staff to join us at our annual Staff Appreciation Event hosted by the Board of Directors on Wednesday December 2nd at 2:00 to 4:00 pm in Founder's Hall.

We will be celebrating the following staff members' years of service:

25 Years— Lena Diesberger, Rita Maban, Norma Clarke

20 Years—Germaine Nicholl, Carol Nesbitt, Jesoda Ramsaywack, Maria Pena

15 Years—Christine McClain, Karen Wood, Rosemeiry Albino, Valerie Cooke-McTaggart, Myrna Gomez, Debbie Patterson, Jennifer Watson, Kris Savage, Jennifer Gregory

10 Years— Melba Cowie, Lilian Callaghan, Shannon Norris, Hamsathvani Seevaratnam, Marilyn Simpson

Thanking each of you for your significant contributions over the years!

A word from our Chaplain

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness...
Galatians 5:22*



Living in close quarters with others can be trying at times. Sometimes you just feel as if you are living ‘cheek to jowl’ as my mother used to say! It is certainly a fact of life for apartment dwellers and even more of a test for those in long-term care facilities. And winter is the time when we feel the most crowded.

That’s when we need to remember the value of grace, forbearance, and kindness. I was watching the new Disney film *Cinderella* the other day and was struck by a conversation Cinderella had with her mother. “Be kind and have courage.” her mother urged her. A simple but sometimes difficult mandate for her and for us! But a little kindness, showing grace to our neighbour, remembering that in the winter we all get a little fed up and claustrophobic, a little forbearance when our patience wanes, makes a world of difference. A smile, a kind word, a pause to sit and listen to our friend share their concerns. These things make the long winter days pass much more bearably.

We can take our example from our Creator, who said of his people: “*I led them with bands of human kindness, with cords of love I treated them like those who lift infants to their cheeks; I bent down to them and fed them.*” (Hosea 11:4) What lovely images: bands of human kindness, cords of love, lifting others up and caring for them! May we, over the cold winter months, kindle warm fires of love in our hearts that keep kindness shining out to our neighbours.

*Blessings for a wonderful Christmas and a Happy New Year,
Chaplain Liz*



Once again, we would like to thank all our volunteers who helped support our annual Village Christmas Bazaar. Your time and effort are always greatly appreciated!



Family Council Poinsettia Sale



Poinsettias now available for purchase at Parkview Home until December 20th. There will be a one day poinsettia sale at the Village reception on Thursday December 3rd from 10am – 2pm. All proceeds will support the Music Therapy Programs.



Did you know.... Sweet potatoes have unique health benefits! They are loaded with vitamins A, C and E - antioxidants that can help prevent heart disease and cancer, bolster the immune system and even slow aging by promoting good vision and healthy skin. They have been recently reclassified as an "antidiabetic" food. They are anti-inflammatory and can protect against emphysema. Sweet potatoes are a superfood and they taste great! They are excellent accompaniments to poultry, pork, beef, lamb or seafood. They can also be substituted in virtually any recipe that calls for apples, squash or white potatoes.



Parkview's Senior Management Team

Left to right, front row, Kris Savage (Director, Program & Support Services), Solange Taylor (Executive Director), Tina Skodic (Village Housing Administrator), back row left Angela Bisschop (Director of Care), Dennis Van Zevenbergen (Environmental Services Manager), and Terry Collins (Director of Nutrition and Property Resources)

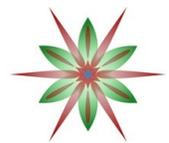


Parkview's 50th Anniversary Celebration

Residents, family, friends, new and old, came out to help us celebrate and reminisce this great milestone for Parkview!



Meet your neighbors



Ross Partridge

William Ross Partridge was born in Swansea, Ontario and moved to Parkview Home in June 2015. Ross has a wife and two daughters. He designed and built his own house in Haliburton, before moving here.

Ross has always loved making things with his own hands. In fact, he recalls a time where he and a friend built a flying saucer together. This was featured in *The Star* and *The Telegram*. He remembers another time when they built a car out of some old bicycles. They tested this car by driving it down a road, but they forgot that it didn't have brakes, so the car ended up crashing. Although this experience wasn't as positive as his other stories, he remembers how happy he was that day.

Ross also loved his time in Boy Scouts. Once, "they built a giraffe." It had enough space for two people and they were able to make its tongue move. After Boy Scouts, Ross taught his daughters how to make a fire in the middle of the winter, a trick that his old troop leader had taught him. He said that you need two matches and one small, thin twig ("scaw wood"), then you break the twig into two; it should ignite when the match is struck.

One of Ross's proudest moments was the time he was able to make a chunk of iron into a small cube that had a straight edge on all sides that was 0.001% of an edge, for a test at IBM. He says that he still owns the cube and that it is one of his most valuable possessions.

Ross Partridge is currently enjoying his life on Settlers' Terrace.

Margaret Beer was born in Markham and grew up on a farm on Elgin Mills Road. She attended Stouffville High School and graduated in 1961. Marg has three brothers. After attending Toronto Teachers College and working for the Toronto Board of Education, she spent seven years at the Roden Elementary School as a classroom teacher and librarian. For four years in the 80s, Marg managed a "Ten Thousand Villages" shop in East York. From 1987 - 1997, she taught at the "Adult Learning Centre" and finished her teaching at East York Collegiate in 2002.

Jim Beer was born and grew up in Toronto. He attended East York Collegiate and graduated in 1960. Jim has a close relationship with his two siblings, which allows for happy family gatherings. After graduation, Jim taught at Bruce Elementary School for three years then joined IBM, and worked as a Computer Programmer. He joined Eli Lilly Pharmaceutical in 1975, worked there for 15 years then was employed at Ingersoll Rand until 2001.

Marg and Jim met at Fraser Lake Camp where Jim was the waterfront director and Marg was a counsellor. They enjoyed romantic, moonlight canoe rides and long walks through the beautiful woods. They were married in 1964 and have two sons. Marg and Jim dearly love to visit them and sometimes look after their six grandchildren.

When Jim and Marg retired, they decided to move back to Stouffville where Marg has many relatives and friends. They enjoy living in Parkview Village.

Written by Audrey Johnson



Jim and Margaret Beer



Staff Pacings

Welcome to the new team members who joined the Parkview family

Nursing: Rachi Adechoubou, Shiba Memar-Panahi and Chelsea Vardja, RPNs; Alan Lo, Stevi Newman, Samantha Lanthier, Cassandra Bundy, Katherine Chang, Elizabeth Balanga, PSWs; and Sarah Arruda, Staffing Coordinator.

Housekeeping and Maintenance: Joanne York and Kristen Gray, Environmental Aide; and Mario DaSilva, Skilled Maintenance Worker

Client Services Clerks: Tia Lange

Farewell to: Maurice Lamontagne who retired in October, Christine O'Connor, Irvin Francia, Samantha Wood-McDonald and Tracey MacKinnon

Sympathy is extended to: Stacey Jackson, her husband, Steve, daughter Alyssa, and aunt Jen Watson, on the passing of her daughter Shawna Jackson. Shawna, who also worked for Parkview, has touched many lives here of residents, family members and staff. Shawna will be sadly missed. Our thoughts and prayers are with you.



Home's Halloween Party. RN Melissa and resident Ross



Staff Carnival
Thanks to all who participated!



Home Resident, Alta, making grape juice



Home's Oktoberfest Celebration



Home's Remembrance Day Ceremony



Left photo
Halloween Celebration
Residents of Parkview Home, Irene & Bill

Right photo—Maurice Lamontagne's Retirement Party! We wish Moe, his wife and his little puppies all the best!



Alzheimer Society Support Group

In partnership with Parkview Home the Alzheimer Society of York Region is pleased to offer a family support group to provide information on coping with and caring for people with Alzheimer's disease and related disorders.

Location: Parkview Home, Meeting Room from 7—8:30 pm

Dates: December 22nd, January 26th, February 23rd

For further information please contact: Andrea Ubell at 905- 731-6611 Ext 22