



Summer Edition 2016

Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village July 2016

Greetings from the Executive Director

Best wishes for a pleasant summer to all of you. What a great time it is, to enjoy the warmth, longer days and visits at the Gathering Place and in the Home's courtyards and balconies. Special thanks to all the gardeners, volunteers and Family Council members who give so generously of their time to beautify our grounds. We are indeed blessed to be at Parkview for all seasons. Be well and live each day to the fullest .

Solange



Parkview's 2016 Senior Management Team

From left to right, back row: Kris Savage, Director, Program/Support Services; Antonella Catalanotto, Director, Nutritional Services; Dennis Van Zevenbergen, Environmental Services Manager; and Angela Bisschop, Director of Care. Front row: Tina Skodic, Housing Administrator; Solange Taylor, Executive Director ; and Terry Collins, Home Administrator.

Parkview's 2016 Spring Dinner Celebration

(right photo)
Featured Residents were
Laurie & Marilyn Hadden



Ratcliff Scholarship Award

The successful applicants this year for the Ratcliff Scholarship tuition awards were:

Esther Cressall, full time admin assistant, who is taking a grammar course and a plain language principles course from Simon Fraser University.

Germaine Nicholl , full time cook who will be taking the Food Service and Nutrition Management program to increase her knowledge of nutritional services to contribute to the department.

Congratulation to them both on their career growth!



Our Annual "Celebration of Spring" fundraising dinner was a great success. Approximately \$44,000 was raised through donations and the silent auction proceeds. We wish to thank those who contributed and supported this event. All funds raised will be used to purchase special items that will enhance the quality of care and services that we give to our residents. Thank you again!



Staff Pacings



Welcome to the new team members who joined the Parkview family:

Dietary: Antonella Catalanotto, Director of Nutritional Services

Home Programs: Zalika McDermott, Summer Student

Client Service Clerks: James Tence

Village Programs: Brendan Callaghan, Summer Student

Nursing team: Germaine Hagan RPN, Ifeoma Chukwudi RPN, Elizabeth Coyle PSW, Julia Lew PSW, Mihaela Stoian PSW & Paschal Njoku PSW.

Farewell to: Andrea Sonnenberg, Client Services Clerk, Geraldine Wheaton, PSW, Taylor Bloxam, RPN, Bonnie Conroy and Sue Barkworth on their retirement. We wish them all the best.

Our Sympathy goes to: Cassandra Elliott on the loss of her grandfather, Dhana Singh-Sharma on the loss of her sister, Elizabeth Dulay on the loss of her aunt, Kajanthini Kathirithamby on the loss of her aunt, Lela Popovski on the loss of her uncle, Lena Diesberger on the loss of her father-in-law, Lilljana Kocovski on the loss of her sister-in-law, Marlene Williams on the loss of her brother, Pouly Pallikunnel on the loss of her aunt, Stephane Kouakou on the loss of her uncle & Stephanie Whitehouse on the loss of her aunt.

Congratulations to: Arlyn Dadufalza on the birth of her daughter.



Did you know....

Protect your heart by including these heart healthy foods into your diet: Fruits and Vegetables. Add fruit to your breakfast cereal or smoothie. Grab a piece of fruit for a snack. Add more vegetables to soups, chili, stews and casseroles. Enjoy some veggies and dip as an afternoon snack. All fruits and vegetables are healthy, so include as much variety as you can.



Heart Healthy Foods



Home residents enjoying activities



Meet your neighbours

Carol Towns celebrated 20 years of living at Parkview Home in May 2016. Carol was born to Dorothy and John Towns and was raised in Toronto. Carol comes from a large family, which includes 5 sisters and 1 brother. She worked many years as a clerk for an investment firm. Carol enjoyed living in Toronto taking the streetcars, subways and buses.

One of Carol's favourite memory is going to the Blue Jays games with her sister and brother-in-law and sitting in the 2nd row. Her only disappointment was not coming home with a game ball.

Carol has made many friends over the years living at the Home. She enjoys many activities at the Home: painting, working on her computer and watching her beloved Blue Jays.

Carol is looking forward to going to see the Blue Jays play in August; hopefully she will be lucky enough to come home with a game ball this time.



CAROL TOWNS

Tucked away in an upper corner of Parkview Suites there is a lovely unit occupied by resident Marion Smith. Gracious and warm hearted, Marion loves the views from her spacious dining room and living room windows.

Marion's early years were spent in Parkdale, now considered central Toronto. In high school she studied commercial subjects, then found a job as a posting machine operator with TD Bank. Marion's life changed dramatically when she was persuaded to accept a blind date with a tall and handsome young Britisher, named Tom Smith.

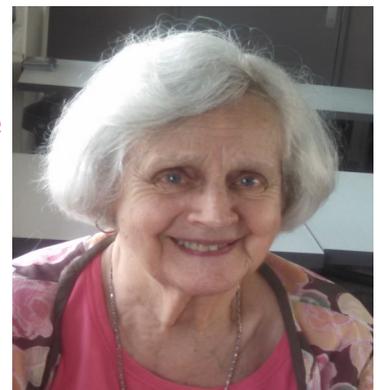
Tom grew up in England where he joined the Air Force and trained in Alberta as a fighter pilot. Back in Toronto, it took only one date for Tom to win Marion's heart. The wedding took place on October 21st of the same year. They lived in England for a year, then Tom received a job offer in Canada and left everything to return to Toronto.

Early in their married life Marion happily gave up her job to be a full-time mom to Carol, Tommy and Michael. They eventually settled in Agincourt. Together the couple made many memories, raising their family together and enjoying live theatre, dinners out and dancing. When Tom passed away suddenly from an aneurism, Marion then joined her sons as a working part of the family business, Aerospares.

After retirement when a space opened at Parkview Village, she told the administrator she wasn't interested in moving. Her daughter persuaded her to at least take a look. She made up her mind on the spot and Parkview became her new home. She quickly became active in Village life but is grateful for the loving support of her three children and five grandchildren.

Marion, we are so glad you decided to move to Parkview Village. Your warm smile always warms our hearts!

Written by Erma Sider



MARION SMITH



A word from our Chaplain

This is what the Lord says to me: 'I will remain quiet and will look on from my dwelling-place, like shimmering heat in the sunshine, like a cloud of dew in the heat of harvest.' NIVUK

I was sitting with my Bible study group at Parkview Home today and we were talking about the idea of God as our rock. I asked them to picture a rugged coastline like in Ireland or Newfoundland, the waves battering the coast, the rock immovable and solid...could they sense God's powerful and immovable presence in that scene? They all agreed they could.

Then the conversation became a discussion of how often we sense our Creator's presence in forests, by the seashore, in the mountains – all around us. Finally we realized that we sense God's presence, hear God's voice in nature everywhere, even the most familiar settings like a local park or a backyard, or the lovely gardens here at Parkview. The Creator is everywhere and in all things, bringing beauty and life and joy to our everyday experiences! So it is in the summer time especially. When we venture outdoors we're gently blessed by vibrant colour, musical birdsong, and even the buzzing of bees. It is such a refreshing time of the year.

May you find many opportunities to be outside this summer, enjoying nature, family and friends. God is all around us blessing our moments and our days quietly present just like the shimmering heat that dances before our eyes and the dewy air we breathe.

Blessings, *Chaplain Liz*



Alzheimer Society Support Group

will resume on September 27th at Parkview Home in the Meeting Room. In partnership with Parkview Home, the Alzheimer Society of York Region offers a family support group which provides information on coping with and caring for people with Alzheimer's disease and related disorders.

For further information please contact: Andrea Ubell at 905- 731-6611 Ext 22

