



# Summer Edition 2014

## Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village July 2014

### Greetings from the Executive Director

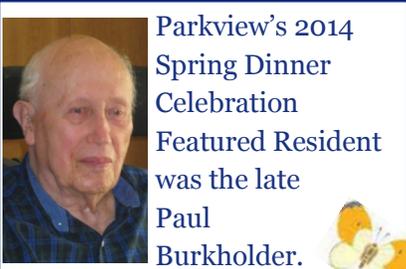
*Summer afternoon—summer afternoon; to me those have always been the two most beautiful words in the English language. ~Henry James*



The long hot days of summer have arrived once again and have brought with them delicious fresh garden produce and beautiful flowers all around. How lovely it is to wander the path between the Home and the Village and enjoy the beauty of our surroundings. The Gathering Place provides a delightful shady oasis to visit or just sit and reflect on a warm afternoon or evening! As June draws to a close we will enjoy strawberry socials and celebrating Canada's birthday. I hope that each one of our Parkview family will have a rejuvenating summer with happy visits amongst friends and family.



Solange Taylor



Parkview's 2014 Spring Dinner Celebration Featured Resident was the late Paul Burkholder.



### Ratcliff Scholarship Award

The third annual Ratcliff Scholarship Awards were presented to the successful applicants at our Staff Appreciation Barbecue on June 25<sup>th</sup>. The recipients are Kris Arumathurai, a Cook at Parkview for 5 years, who has recently completed his Nutrition Management certificate; Monika Berinde, RPN, Resource Nurse who has worked at Parkview for 8 years and is taking her OANHSS Administrator Course; and Melanie Cornacchia, a PSW at Parkview for 5 years, who is continuing her education for her RPN diploma. We are grateful to the Ratcliff family whose generosity enables our staff to further their education and better serve our Seniors.



Once again our "Celebration of Spring" fundraising dinner was a great success despite a rainy evening. More than \$37,000 was raised through donations and the silent auction proceeds. Funds will be used for special purchases to enhance the quality of care and services we provide to our residents. Thank you to all who supported our annual fundraising event!





# Staff Pacings



**Welcome to:** Angela Bisschop, who is our new Director of Care

**To the nursing team:** Alyxandra Van Veghel, Kimberly Mota and Cheryl MacDonald, RPNs; Marilou Arano, PSW, and Nichol Neely as Nurse Aide.

**Village café:** Leah Pizzale and Loraine Sy, Wait Staff

**Welcome back to** Darcy Heyd and Jennifer McTaggart, summer students at the Village and Home

**Farewell to:** Maria Field and Sherry Moulds, Café Wait Staff and Kerina Murray, Café Manager; Alyson Gotter, Client Service Clerk and to Verna Fintelman who is retiring from the Nursing Department after thirty-seven years of service!

**Our Sympathy goes to:** Linta Sathananathanesan on the passing of her brother-in-law and Nancy Sabino on the passing of her sister-in-law.

**Congratulations to:** Kris Arumaithurai who has graduated from the Food Service Management Program. Also to Narmatha Robinsan and her husband on the birth of their baby boy, Liam, on April 15th and to Mohammed Syed and his wife on the birth of their baby girl, Urwah, on June 6th.

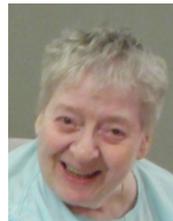


• **Did you know....**Onions are an ancient vegetable thought to have come from Central Asia. They have been grown for over 5,000 years in Egypt, 2,000 years in Italy and more widely in Europe during the Middle Ages.

To stop your eyes from watering when peeling and chopping, put the onion(s) in the freezer for 10 minutes or the fridge for 1 hour. Onions contain some oligosaccharides which are complex sugars that are not digested in the small intestine but pass through to the large intestine where "good" bacteria digest them.



**Home's Family BBQ**  
Everyone staying dry and enjoying the good food and company. Thanks to all who participated and volunteered.





## Meet your neighbors



David Foote



David Foote moved to Parkview in 2012. In his younger years in Gander, Newfoundland,

David played trumpet in a 5-man band called "The Majestics". The band played in a variety of venues and a variety of music but mostly Jazz. When David wasn't dabbling in music he worked for his father's company, Hillcrest Sheet Metal, until he moved to Ontario when he was 22 years old.

David moved to Whitby and worked in the heating and air conditioning industry until he retired.

Some of David's favourite memories involve sailing. David eventually owned a 30 foot sailboat docked at the Whitby Yacht Club. He named his sailboat "Footloose." David captained his sailboat all around Lake Ontario. David was also known for his lobster cookout at the Yacht Club, bringing a bit of Newfoundland with him to Ontario.



Willis and Joan Hoover, current residents in Parkview Village Suites, are descended from early Mennonite settlers of Markham Township. Willis was born on the Hoover family Farm on the corner of Hwy. 48 and Elgin Mills Sideroad. Joan came to bless the Reesor home.



Joan and Willis both enjoyed attending elementary school and went on to high school. After two years Willis stopped attending school as he was needed to help out on the family farm. It was not uncommon to skip one year in elementary school but Joan skipped two years. She completed grade 13 at Markham High School and entered Toronto Normal School (later Teacher's College) when she was only 17.

In their growing up years, Willis and Joan enjoyed participating in youth group meetings. While Joan was attending Normal School, Willis took the big step of asking if he could take her home after an evening event. Joan was happy for his attention and after that everyone knew they were a "couple."

Later, while Willis was busy on the farm, Joan, at just 18, began her teaching career at Ballantrae School where she taught the junior grades and proved to skeptical parents that managing a full classroom of grades 1-4 students, was entirely within her ability. Several years after Joan started teaching, they were married at Cedar Grove Mennonite Church. She notes that later she conducted her own nursery when a son, Ken, followed by a daughter, Carole, arrived to bless their home. These two were the joy of their hearts. When the children were older Joan happily filled calls for supply teaching in the area schools.

Willis and Joan will be celebrating their 62nd anniversary on July 10th. They are grateful for the privilege of living at Parkview Village and we are grateful they are here!



Willis & Joan Hoover





### A word from our Chaplain



*Lord, you have been our dwelling place for all generations. Before the mountains were born, before you had formed the earth and the world, even from everlasting to everlasting, you are God. ~ Psalm 90:1,2*

Our stories are so very important to us. If we are honest with ourselves, we love nothing better than to tell our stories. It's in our nature. Our stories define us and are unique to us. They are sacred and in the end they are all we have left to remember and to share. They are the lifeline that keeps us tethered to ourselves and they are the best gift we have to give to others.

For some, life has not turned out as they'd dreamed. They can lose themselves in their stories, isolating themselves, grieving, deeply immersed in memories and longing to turn back time. We can help by listening and if we are welcomed in to hear their stories maybe in time our conversations can get to the point of re-imagining those stories in a positive light.

For other residents, remembering their stories bring joy. They can look back over their life with satisfaction, and faith, love and hope help them to accept change. Their stories may reflect lives guided by a spirit of hope, determination and accomplishment. The words of Psalm 90, verses 1 and 2 will ring true for them. Taking the time to listen well and appreciate the stories of these folks will bolster their inner strength and sense of identity.

Then there are those who have seemingly lost their stories. Their memories are locked away deep inside and only rarely – if ever - accessible to us. Time spent in quiet company can give such residents an unexplainable peace. Singing a hymn, looking at a garden, a gentle voice – these can pierce the fog of dementia at times. Our time and company are priceless gifts.

As we walk alongside our friends here in our different roles, staff or neighbor, we are in a unique place to hear each other's stories - so many stories of fascinating and diverse lives. May we always be willing to take the time to listen. These moments of remembrance are sacred and to be treasured.



Have a wonderful summer everyone!

*Chaplain Liz*



Village trip to Ripley's Aquarium was greatly enjoyed by all —Left to right, Ruth, Audrey, Art & Evelyn



Sylvie & Ian from St. John Ambulance Therapy Dogs at our Volunteer Appreciation



Village Mother's Day Breakfast—Mary & Glennis



### Alzheimer Society Support Group



will resume on September 23rd at Parkview Home in the meeting room. In partnership with Parkview Home the Alzheimer Society of York Region offers a family support group which provides information on coping with and caring for people with Alzheimer's disease and related disorders. For further information please contact: Andrea Ubell at 905- 731-6611 Ext 22

