

*<sup>10</sup> Be devoted to one another in love. Honour one another above yourselves.  
Romans 12:10*



You never know when it might be the last time you see or talk to someone. As a chaplain I learn that over and over. Two recent incidents provided me with fresh reminders of this fact of life.

First, I arrived at the Home a couple of days ago to find that a resident had passed away rather quickly, as sometimes happens. I thought back to the last time I saw him, just a few days earlier. He always had a quick, bright smile for me when he saw me, which in turn could brighten my day as well. The last time I saw him he was having an off day and looked like he needed some company. It was a particularly rushed morning for me but I stopped, talked with him a bit and held his hand. Not a long visit but hopefully it was a reminder to him that he was loved.

A couple of days later we got news that a relative has been diagnosed with leukemia. He is a young man with a young family. We don't get a lot of chances to see him and suddenly we are painfully reminded that we always need to make the most of every moment we have with those we love.

We need to share our feelings, our love, and our appreciation with others. And we need to give others our time and attention when needed, not when suits us. This isn't just a nice, moral way to live, it is a practice modeled by Jesus. Young or old, poor or rich, well, or sick and marginalized, he gave his attention to anyone who came to him. He offered love and understanding and care. We are called to do the same.

Never take for granted a chance to show you care. We all, at times, need to be assured that someone sees us and loves us. Don't pass up the chance to share a passing smile or a conversation, or just sit quietly and hold a hand. Not only will you be a blessing to the other person, but your life will be enriched as you, even just for a brief moment, extend grace and love.

*Chaplain Liz*



Our Program Coordinator introducing newcomers to the Village at one of our resident birthday parties.



Here is Thumper! He is one of the Homes new addition. Thumper works on our Social Committee.



#1



#2



#3

#1. Jon Irwin, Parkview's Accountant

#2. Brenda Grant, Assistant Director of care

#3. Jasmine & Germaine, enjoying meal preparation at the Home



## Meet your neighbors



### Julius and Dorothea Breder

Julius and Dorothea Breder are one of the few married couples living at Parkview Home. The Breder's moved to Parkview Home in March and October of 2012 living on Settlers' Terrace.

Julius was born in Poland but lived in Germany. Dorothea was born in Germany.

Julius and Dorothea were married February 15, 1946 and had one daughter Judy.

Julius' profession was a Seaman working as a navigator on the bridge of tanker Ships. He travelled all over the world by boat but mostly in the middle east.

Both had a love for water. Dorothea is very proud to be part of the German Life Saving Association. As well as her love for swimming she enjoyed playing tennis, running and mountain climbing. Dorothea also worked in a doctor's office as an when they moved to Canada.

Dorothea and Julius moved to Canada in 1961 to be closer to their daughter, but still enjoyed travelling back to Germany many times to visit with family and friends.

They are both enjoying their time at Parkview and continue to keep busy being involved in activities and visiting with their daughter.

Among the many outstanding citizens of Stouffville are Lorne and Marion Boadway. Lorne's family moved here when he was an infant and Marion, born near London On., moved here when her father served as principal for the high school. Both families were strong supporters of the local United Church.

Being interested in music, Lorne & Marion joined the church choir as teenagers. Lorne later studied voice at the Royal Conservatory and eventually became the choir leader when Marion's father left that role. Marion studied piano and passed the Grade Eight conservatory exam.

With many opportunities to be together, Lorne and Marion, naturally, fell in love. Marion studied at the University of Toronto then at Toronto Normal School to attain her Teaching Certificate. They were married in 1953 and anticipate celebrating their 60<sup>th</sup> anniversary this July. Marion taught for four years after marriage. Lorne taught in North York and shortly after was asked to serve as principal for the Stouffville School Board, a role he filled for 31 years.

Life was busy and full with their four children, Barb, Bob, Mike, and Mark.

Marion describes 1967 as "a wonderful year", the year of Canada's 100<sup>th</sup> birthday. Lorne was chosen to be the chairperson of celebration events in Stouffville and I assisted. The July 1<sup>st</sup> celebration weekend we had a wonderful choir of 75 led by Lorne with participants from most local churches. That year Lorne was named 'Stouffville's Citizen of the Year'. What a fine tribute!

They retired in 1997 to Parkview Village. Marion and Lorne cherish their children, grandchildren and their one great grandchild most of all. Nothing they have accomplished in church, school, or community compares with the joy they receive from their family.

*Written by Erma Sider*



**Lorne & Marion Boadway**

## Staff Pacings



**Welcome** to the nursing team: Amanda Barber PSW, Brenda Grant ADOC, Yvonne Greer RCA, Linta Sathananthanesan PSW, Lorna Abraham PSW, Mini Mehra PSW, Gillian South RPN and Tahira Morshed PSW

**To the environmental team:** Patrick Laffan Heavy Housekeeper and Mandy Brooks Environmental aide

**To Village Café:** to Sherri Moulds & Taryn Ellis, wait staff

**Sympathy** goes to Merrick Chue on the loss of his grandmother, Terry Collins on the loss of her father, Julieta Gringin on the loss of her brother and Charlene Riberdy on the loss of her grandfather

**Thanks to all staff who participated in the prevention of the work place violence survey!**

*Farewell* **Farewell & Congratulations** to Jean Wing on her retirement as our Village Program Coordinator "Please join us in wishing Jean Wing all the best in the next phase of her life as she retires from Parkview. Jean has provided ten years of fun-loving, delightful programming for Village residents and we wish Jean a fond farewell and an abundance of joy in her new life!



Memories of Village residents waiting to enjoy another lovely spring day!



Everyone needs a Hug!



Residents at the Village having fun playing shuffle board



### Did you know....

Chocolate comes from a fruit called a pod that grows on the cacao tree. A seedling tree generally must mature for five years before it produces pods, with peak pod production happening at 10 years. To make one ounce of milk chocolate, it takes 4 cocoa beans, and one ounce of dark chocolate requires 12 beans. The Swiss are the world's largest consumers of chocolate, eating about 22 pounds of chocolate per person per year! Chocolate is comparatively low in caffeine. For example a one-ounce piece of milk chocolate contains approximately 6 milligrams of caffeine, while a five-ounce cup of decaffeinated brewed coffee contains 3 milligrams of caffeine. Research has confirmed that chocolate is a good source of the kind of antioxidants found in tea. The antioxidant content of chocolate is four times that of tea.

### Alzheimer Society Support Group

In partnership with Parkview Home the Alzheimer Society of York Region is pleased to offer a family support group to provide information on coping with and caring for people with Alzheimer's disease and related disorders.

**Location:** Parkview Home, Meeting Room from 7—8:30pm

**When:** April 23rd, May 28th, June 25th

For further information please contact: Andrea Ubell at 905- 731-6611 Ext 22



# Spring Edition 2013

## Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village April 2013

### Greetings from the Executive Director

We are all so keen to enjoy spring this year after so many snowstorms and cold temperatures. We welcome the sunshine, the return of birdsongs and the visits with our neighbors on the Parkview grounds and in the Gathering Place. We can feel a new spring in our step and joy in seeing the new growth in the gardens.

Every year and every season I give thanks for this beautiful community and the privilege to serve here. Parkview is a special place for all of us who live and work here.

Wishing you all renewed vitality and happiness in the coming months.

*Solange Taylor*



### Volunteer Appreciation Week

A big thank you to all the Parkview Volunteers that help deliver and enhance programs at the Village and Home through their gift of time. It is national volunteer week April 21 -27.



Our volunteer appreciation event is being held on **Monday,**

**April 22 2:00- 4:00 at the Village Auditorium.**

Parkview Home participated last October in an accreditation process. We are pleased to announce that Accreditation Canada has rendered their decision following this recent submission as Accredited with Exemplary Standing". Thanks to our Parkview team for this achievement and all your dedication and contributions!



### Spring dinner celebration

You are invited to a celebration of spring, on **Friday April 5th.**

Parkview's Annual "Celebration of Spring" fundraising dinner is being held at Meadowbrook Golf & Country Club, 11939 Warden Avenue, Gormley. Guests can enjoy a delicious dinner followed by a concert featuring Justin

Hines. Tickets may be purchased by calling reception at the Home (905) 640 1911 ext. 221

or at the Village (905) 640-1940 ext. 21

Cost: \$95 per person.

