



Fall Edition 2015

Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village October 2015



"Greetings" from the Executive Director for fall 2015

As September speeds along we enjoy a last few days of summer temperatures before the weather cools once again. Fall is often seen as an end – of the summer, of the growth cycle, of vacation time. Throughout a person's life, however, this season has also been a time of beginnings: beginning schools, making new friends and starting new activities.

At Parkview, September is about beginnings – favourite programs are returning after a summer break and new activities are being introduced. At the Home, these include the Art Expressions program and Motus O's movement classes. The Village programs continue to include small group activities such as snooker and bridge and larger group outings such as the annual St. Jacob's trip.

Let us all look at Fall as an opportunity for beginning something new –start a new activity, make new friends, or read a book we've always wanted to read. Let September be the month of new beginnings for each one of us no matter what our age.

"Another fall, another turned page: there was something of jubilee in that annual autumnal beginning, as if last year's mistakes and failures had been wiped clean by summer."

~Wallace Stegner

Solange Taylor



Staff Carnival

will be held on Wednesday
October 21st from 1– 4 pm
in the Founders' Hall.
Don't forget to attend!

Parkview Village Bazaar

When: Saturday November 14th
Time: from 9am to 1pm
Where: Parkview Village Auditorium
It's a good time to start your Christmas shopping!



Parkview Services for Seniors

We are looking forward to Parkview Services for Seniors 50th Anniversary Celebration which will take place this Sunday, September 27th 2015 at Parkview Village from 2pm to 4pm. This photo encompasses previous staff members that are now the residents of either Parkview Village or Home. Come join us and have the opportunity to celebrate and reminisce the past and present of Parkview!

Parkview Home's Family Council Fundraiser Presents

AFTER HOURS BIG BAND on Monday October 26th,
at 7:30pm in the Parkview Village Auditorium.

Tickets are \$15.00 each and can be purchased at either Home or Village. Tickets are limited. Proceeds help to support the Home's Music Programs. Thank you Welcome Home Care for sponsoring this event!





Staff Pacings

Welcome to the new team members who joined the Parkview family:

To the nursing team: Taylor Bloxam (RPN) and Nira Khemraj (RN).

Village Programs: Carly Murray and Blerina Mehmeti both completing their placements for College two days a week.

Welcome back: Joshua Gareau for volunteering with the Village programs!

Farewell to: Linda Erwin on her retirement at Parkview Home. We also wish the best in the future to, Zalika McDermott, Danielle Hawkins, Eric Banville, Katrina Cressall, Janaki Kapoor, Tashara Lewis, Eileen Maidens, Julia Owens, Bethany Stephens and Gillian Collins.

Our Sympathy goes to: Pat Paisley on the passing of her mother-in-law & brother-in-law.

Congratulations to: Mary Jane Heyworth on the birth of a new grandchild Colby.



The main purpose of Family council is to improve the quality of life of Residents and to give families a voice in decisions that affect them and their loved ones in Parkview Home. Parkview Family Council supports Residents' Music Therapy programs and Saturday Music Events for Residents and their families.

Say hi to Bailey & Rambo as they may be here to welcome you into Parkview!



Did you know... Some Fun Fall Food Facts:

- Apples can prevent Alzheimer's and are a natural tooth whitener
- Pumpkins were once used to remove freckles and cure snake bites
- Bobbing for apples originated in Roman times!

Residents enjoying some summertime activities at Parkview Home

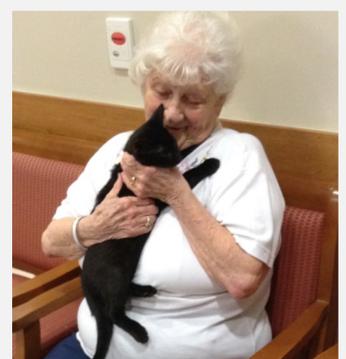
Zoo to You visit



Making maple syrup



New Kitty, Loki



Men's Coffee Hour

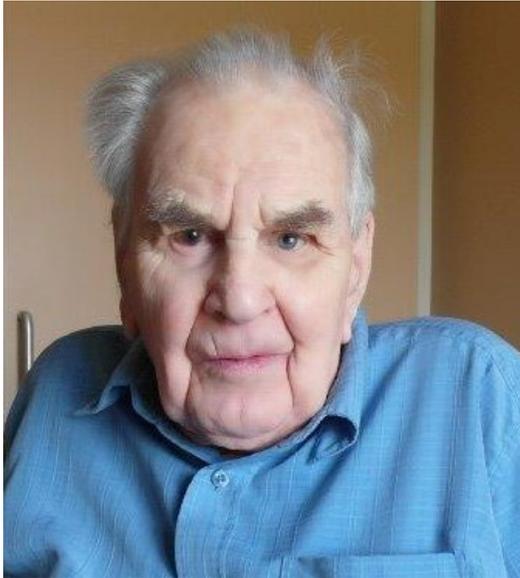


Christmas in July





Meet your neighbours



Dougald Brown

Dougald Brown moved into Parkview Home in September from Stouffville Creek. Dougald was born in Collingwood, but soon moved to Stouffville where his father was the pastor of the Baptist Church.

Dougald married Margaret and resided in Peterborough. Dougald is the proud father of three children, Dougald, Wesley, and Susan. As well, he has seven grandchildren.

Dougald was a long time employee of General Electric, in a supervisory role. He retired after 40 years of service.

Dougald enjoys music, listening to books, was an avid golfer and a champion curler. Dougald is also a huge blue jays fan.

Harold's Story - a traditional Mennonite home in the farming community of Markham. The farm provided for a family of ten children among whom Harold was in the middle. When asked what he remembers about helping on the farm as a young child, Harold immediately responds, "Hoeing turnips!" He enrolled in Ontario Mennonite Bible Institute in Kitchener to study for Christian ministry. Here he met Pauline.

Harold and Pauline ministered churches in Quebec. Seven children came to bless their home. Their marriage was cut short when Pauline passed away in 1980. It was during a later trip to Alberta that Harold met Alice. They married and she moved to Québec to share life with Harold. When retirement neared they settled in Stouffville. Years later Alice passed away.

Stella's story—entering the world in a farm home in Ohio, fourth child and eldest daughter in a family of seven sons and four daughters. Stella's family, belonged to the same Mennonite church as Harold's birth family. Coming as she did after three brothers, Stella writes, "my early years were spent proving that I was not a *sissy girl*." She goes on to say, "I was around two or three when one of my older brothers dared me to climb out and hang from a second story window. I did it but Mama was very upset when she found me hanging out the window."

At a youth get-together, Elmer, Harold's older brother, spotted Stella, and invited her for a date. Well, as Stella says, they had so much fun that this led to marriage. Five sons and one daughter came to be part of the family. Tragedy struck when Elmer passed away eight years later. Who could have guessed, Harold and Stella, both single, living in Stouffville, would marry? They since moved to Parkview Village, both busily involved in Village life.



HAROLD AND STELLA REESOR

Written by: Erma Sider

A word from our Chaplain

The Dalai Lama said that "Every religion emphasizes human improvement, love, respect for others, sharing other people's suffering." We are called to care for one another. There is a kind of universal law of which is often referred to as The Law of One: "We are all one. When one is harmed, all are harmed. When one is helped, all are healed."

In Christianity we have the *Golden Rule*. Jesus taught us, "This is what our Scriptures come to teach: in everything, in every circumstance, do to others as you would have them do to you."

Matthew 7:12 (VOICE)

This Golden Rule, also referred to generally as the "Ethic of Reciprocity" echoes in many faiths. For example, in the Bahá'í Faith: "Ascribe not to any soul that which thou wouldst not have ascribed to thee, and say not that which thou doest not."

In Buddhism: "...a state that is not pleasing or delightful to me, how could I inflict that upon another?"

In Hinduism: "This is the sum of duty: do not do to others what would cause pain if done to you."

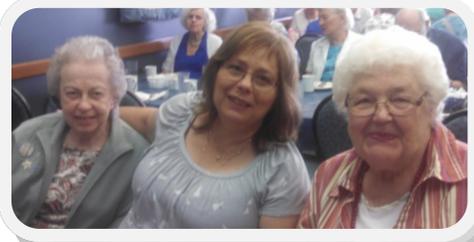
And in Islam: "None of you [truly] believes until he wishes for his brother what he wishes for himself."

We can be sure of one thing: this Ethic of Reciprocity or Golden Rule speaks to our common human nature and our common humans needs. Even with all our different beliefs we are one. And it is especially important when we live in close proximity to our neighbours and we work with others who follow different faith paths.

Do unto others as you would have them do unto you. Words to live by.

Peace,

Chaplain Liz



Left photos—Village trip to St. Jacob's. Residents had an absolute beautiful day for this excursion. Time was spent walking around the market then a stroll along the main street to do a little more shopping! Lunch was great at Crossroads Restaurant. A final stop was made at the peanut factory before returning home.

Right photos—The Village Annual BBQ. Residents had a lovely time enjoying good fellowship and good food!



Alzheimer Society Support Group

will resume on Oct. 27th, Nov. 24th and Dec. 22nd at Parkview Home in the Meeting Room. In partnership with Parkview Home the Alzheimer Society of York Region offers a family support group which provides information on coping with and caring for people with Alzheimer's disease and related disorders. For further information please contact: Andrea Ubell at 905- 731-6611 Ext 22