

Summer Edition 2019

Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village June 2019

Praise the LORD, all you nations! Worship him, all you peoples! Because God's faithful love toward us is strong, the LORD's faithfulness lasts forever! Praise the LORD! - Psalm 117

One of the healthiest practices one can have is the practice of gratitude. There has been lots of talk around this recently. It's become very popular! And it really is beneficial. A friend of mine is a life coach and she shared with me that if you hold a positive thought for 17 seconds a couple of times a day, life changes dramatically.

There are different ways to practice gratitude. Keep a gratitude journal and every evening write three things that you are thankful for. They don't have to be big things—maybe you are thankful for the beauty of a butterfly, or for the bright sunshine! Another way to practice gratitude is to keep a 'joy jar'. Just get yourself a container and every evening reflect back on your day and write down something that gave you joy on a little piece of paper and put it in your jar.

These practices help us to focus our thoughts on positive things in our lives.

We hear many words of gratitude and joy in the Psalms, and when we are feeling down, that's a good place to go for encouragement. The Psalms remind us that whatever is happening God has the final word. God is watching over us. Life with God brings peace and assurance.

Try these suggestions when you are struggling through rough times. Pause and think of all the things you have to be thankful for. Write them down so you can go back to them when you need a reminder of the good things in life. Read the Psalms and sing to God! Before you know it, things will look better because you will have a peaceful heart.

Have a safe and happy summer everyone!

Chaplain Liz

Another Successful Dinner!

Again this year, our annual fundraising dinner was a great success. Approximately \$30,000 was raised through donations and silent auction proceeds.

All funds raised will be used to support improvements to the ice cream patio and to help support program development in dementia care at Parkview Home.

As the Board of Directors, management, and staff, we are blessed to work with our community to achieve our vision for seniors' care and services in Whitchurch-Stouffville.

Thank you again!

Ratcliff Scholarship Award

The successful applicants for the Ratcliff Scholarship tuition awards are:

- Andrea Muller, studying Patient Assessment
- Muhammed Syed, studying Building Environmental Systems
- Corinne MacLean, studying Recreation Therapy.

Congratulations to them on their career growth!

A Message from our Chief Executive Officer

It is hard to believe that it has been a year since I started at Parkview in the CEO role. Parkview has had many achievements this past year and I wish to acknowledge all of our amazing staff and management teams for your hard work ensuring that Parkview achieves its mission through living our values of Service, Learning, Improvement, Integrity and Accountability.

At Parkview Village, the Seniors Wellness Centre became fully operational last July and more residents continue to join the Centre for the wellness supports and services that are available. The Village has undergone many facility upgrades this year and we are all proud to have been chosen once again as the “Best Retirement Living in Whitchurch-Stouffville” by the Stouffville community.

Parkview Home has also achieved many successes this year through positive results from government audits and inspections, ongoing quality improvement initiatives in clinical care that is guided by best practices and long term care industry standards, as well as from feedback from family and resident surveys that tell us what we are doing well and where we can continue to improve.

In the coming year we will sharpen our strategic goals and objectives and build on the gains we have already made. We will ensure our resources are being used effectively and we will continue to review our policies and procedures to ensure we are providing a safe, accommodating and respectful workplace for all our staff. Further to this, we will focus our collective efforts on developing a comprehensive dementia care strategy for the Home, and on adding more value to wellness programming at the Village, while concentrating on effective engagement strategies for feedback with all our stakeholders and partners.

I want to express my sincere gratitude to the Parkview Board of Directors for your guidance, leadership and, most of all, your commitment to seeing Parkview thrive. As a Board, you have placed your utmost trust in our team and challenged us to examine our practices and processes to continuously improve. We express our warm thanks and best wishes to Larry Hogg who has completed his third term (nine years) of serving on the Board, most recently as Chair, and to Mary Lymburner, who has completed her second term (six years) on the Board. At this time, I would like to congratulate Glenda Kerr, Board Director, as our new Board Chair, and welcome two new Board Directors, Ivan Emke and Cheryl Wood.

Thank you to all of our staff, physicians, students, volunteers, community partners, resident councils and family council who collaborate and work each day with passion and commitment to serve and who wholeheartedly live Parkview’s values.
Your dedication to Parkview’s mission is remarkable.

My first year has been inspired by your kindness, generosity and by your ability to enrich the lives of many in our Home, the Village and in the community. I look forward to another year of serving you as we work together to direct Parkview into its promising future.

I wish you all a wonderful and safe summer.

Blessings,
Karen Gayman



Meet your neighbours



Hugh Cameron MacKinlay

Hugh Cameron MacKinlay, also known as “Cam”, moved into the Home in October 2018. Cam was born in Nova Scotia, and has travelled to every single province in Canada, several places in the United States, and some countries in Europe such as England and France.

Cam worked for the cosmetic industry. For 15 years he worked as a sales representative at Revlon; this position gave Cam many opportunities to travel to different places around the world. Cam moved to Montreal later in his career due to a work requisition. A few years down the road, Cam finally left Revlon and moved to Ontario where he opened his own cosmetic business, eventually becoming one of the major suppliers of cosmetic products for The Body Shop company.

His favourite place in the world is California which is where he can visit his grandson and granddaughter. Cam is an active man and is a father of 3 girls and a grandfather of 2. Cam enjoyed playing bridge card games, and is also a fan of watching and playing tennis games.

We enjoy listening to Cam’s interesting life stories and thank Cam for his positivity and cheerfulness to those around him.

Audrey Feasby

I was born in our farmhouse near Altona, the youngest in a family of three boys and three girls. Childhood was a happy time when I enjoyed farm life and helping with the work. I attended school in Altona, and then at Stouffville Continuation School, now Summitview Public School. I walked there each day for five years—and yes, it was all uphill both ways! Then off I went to Toronto Normal School hoping to become a teacher. One month before graduation I became ill with tuberculosis, and was sent to Gravenhurst Sanatorium. I spent two years there, much of it on bed rest.

During my time my sweetheart Harvey, now returned from the Army, patiently waited for me. We were married on June 17, 1950. Seven months later, our “Happy Ever After” was challenged as I became ill again and had to return to the hospital for two more years. Meanwhile, Harvey and his father had purchased a trucking business which became Feasby Transport where I helped to manage the books after I recovered. The business was eventually sold and is now known as Apache Freight Lines.

We had three sons, who were all very interested in sports. We enjoyed many trips around Ontario attending ball and hockey games. We also enjoyed a trip to Switzerland on a hockey tour. I now have six granddaughters and three great grandchildren. A very difficult time occurred in our family when our son Wayne broke his neck and was subsequently confined to a wheelchair for life. I must say that my Christian faith and prayers of many friends helped me through that rough spot.

During the years we were fortunate to acquire what my husband called his “shack in the bush” on Kawagama Lake in the Algonquin Highlands and spent many happy days there. Sadly, Harvey passed away in 2011.

I’ve enjoyed many arts and crafts over the years, making a quilt for each granddaughter and many more. I also have had the opportunity to help out teaching Sunday School, working with the Women’s Institute and the 4-H club, even playing piano at Altona Sunday School at one time. But as yet no one has hired me to teach school!

Audrey and her late husband Harvey Feasby





Staff Pacings

Welcome to: the new team members who joined the Parkview family!

Nursing: Rogelynne Luga, Marilyn Hamilton, Bailey Morrison, Clint Trisuelo, Amelia Vicente, Garry Dhanoa, Alexis Little, Rodelyn Bargelletti and Medhaavi

Singh as PSWs; David Kelly, Rundi Wang, Samantha Papadimitropoulos, Rayshell Powell as RPNs and Sheeza Mirza, RN

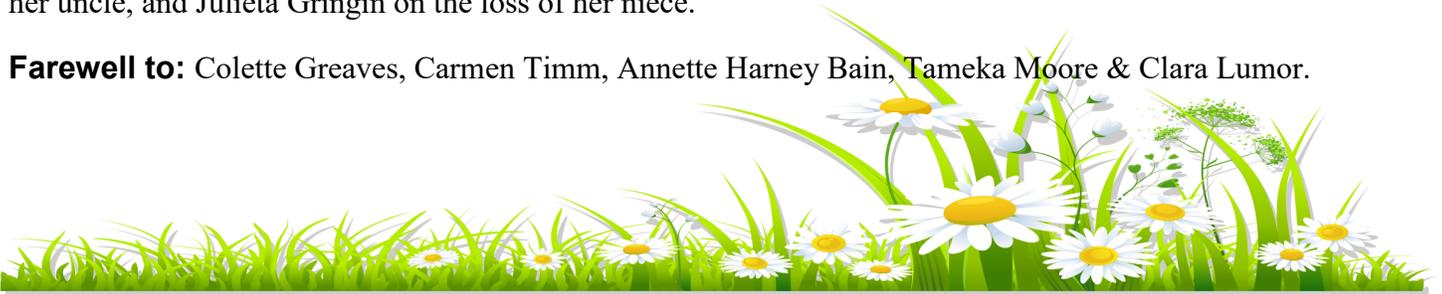
Client Service: Nancy Vancheri, Georgia Aprile

Dietary Aide: Piratheepa Jeyanthan

Summer Students: Isabelle Chong and Halima Hossinzehi for Home Programs, Eva Patel for Village Programs

Sympathy goes to: Debbie Assinck on the loss of her son, Marlene Cawley on the loss of her mother, Msughter Iyorisa on the loss of his mother-in-law, Jasmine Carlton on the loss of her grandfather, Veronica Ecijan on the loss her brother-in-law, Shannon Norris on the loss of her brother-in-law, Jesoda Ramsaywack on the loss of her brother-in-law, Lilljana Kocevski on the loss of her sister-in-law, Lisa Card on the loss of her uncle, and Julieta Gringin on the loss of her niece.

Farewell to: Colette Greaves, Carmen Timm, Annette Harney Bain, Tameka Moore & Clara Lumor.



Did you know—Windsor is the thunderstorm capital of Canada.

Hot, humid air from the Gulf of Mexico funnels up through Windsor and the Western Basin of Lake Erie creating the perfect conditions for thunderstorms.

About 251 lightning flashes per 100 square kilometres happen every year when small pieces of frozen raindrops collide within thunderclouds. The clouds fill with electrical charges that are eventually funnelled to the ground as lightning.