



Spring Edition 2018

Parkview's Senior Scene

Serving Residents, Families, Staff and Friends of Parkview Home & Village March 2018

Happy Spring

With spring only two weeks away, we look forward to sunny, warm weather and early, colourful blossoms. Parkview is blessed to enjoy many beautiful gardens, thanks to our wonderful, green-thumb volunteers caring for our various garden beds on site. We are truly grateful for the generous donations towards our memorial gardens, as beauty in all forms, especially in nature, truly uplifts our spirits. This year our gardens will benefit from premium compost derived from the new self-cleaning food macerator, which reduces food waste, recovers and heats solids to create a wealth of healthy compost. Please enjoy a friendly walk through our gardens this spring to see what is budding and blooming.

April 15-21 is National Volunteer Week, a time to celebrate and thank Canada's 13.3 million volunteers. Parkview is honoured to have 100+ volunteers to celebrate at our Annual Volunteer Appreciation event. Thank you to all who volunteer their time and compassion to help one another in our community.

Enjoy spring's events with family and friends.

With gratitude and blessings, Tina Skodic, Village Housing Administrator



A huge thank you to all of our Parkview Volunteers.

We would like each one of you to know that the gift

of your time is greatly appreciated. Because of you we are able to deliver and enhance programs at the Village and Home.

Our volunteer appreciation is being held on Wednesday, *April 18th all invitations will be personally delivered.*

You are invited to Parkview's 15th Annual *Celebration of Spring*

an evening in support of
Parkview Services for Seniors

On Friday April 6th, 2018

At Meadowbrook Golf & Country Club
\$125.00 per PERSON

To make your reservation please contact: Parkview Home, 123 Weldon Road (905) 640-1911 Ext 1221

Or
Parkview Village, 12184 Ninth Line (905) 640-1940
Ext. 2021



Staff Pacings

Welcome to: the new team members who joined the Parkview family in

Nursing: Katherine Goodarzi, RN, Noellen Patel, RN, Anita Owusu-Agyeman, RPN, Hasti Jahangir, RPN, Nadine Aranjó, RPN, Catherine Racadio, PSW & Yu Zhu Zang, PSW.

Village Café: Pamela Anderson.

Sympathy goes to: Joyce Kwan on the loss of her brother in law, Hamsathvani Seevaratnam on the loss of her sister & Maria Pena on the loss of her brother in law.

Farewell to: Catherine Cuquejo, Smitha Paul, Linda Weir, Mehjabin Habib, Stevi Newman, Sarah Stone, Jessica Thompson, Elizabeth Goericke & Jacquelyn Villaneuva.



 Residents & tenants enjoying programs at the Home and Village



Did you know....

On the first day of spring, a person at the **North Pole** would see the sun skimming across the horizon, beginning **six months of uninterrupted daylight**. A person at the **South Pole** would see the sun skimming across the horizon, signaling the start of **six months of darkness**.





Meet your neighbors



Mildred Thompson

Mildred Thompson is one of the newest residents at Parkview Home and has already spread her cheer. Mildred was born in Manitoba where she had nine brothers and sisters! They lived on a farm with horses, cows, pigs, chicken and geese! When Mildred was seventeen she moved to Toronto to be with her sister. She soon found work in a restaurant as a dishwasher, and worked her way up to being a full time waitress. After saving some money Mildred opened up her own restaurant and loved baking all the bread and making all the deserts herself (some favourites are bread pudding and rice pudding!). It was while she was working at her restaurant that she met her soon-to-be husband John. Mildred and John were married and had two sons and two daughters.

Many years later John passed away and Mildred was lucky to find love again. Mildred met Donald, and they were married. Mildred and Donald travelled all over the world to places like Hawaii, England, France, and drove across Canada from coast to coast. Mildred's favourite place is Ireland. This is where Donald is from and Mildred says it is the most beautiful place she has seen. They even saw a colt being born!

Mildred now has 8 grandchildren, and 16 great-grandchildren, and she loves spending time with her family. She spends her days at Parkview taking part in activities helping take care of her new friend, Thumper the Rabbit.

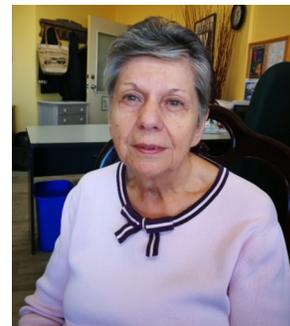
Angela Graham was born in Croatia during the Second World War. The family moved to Austria until their application to come to Canada was accepted in December, 1951. Just like the refugees these days, it was a struggle as they arrived to Canada with nothing. They lived in a town called Miranda, in Northern Quebec. Angela was blessed with a talent to learn languages and so she quickly learned English and French. It wasn't until she started working and contributing to the family that they felt they were finally 'on their feet' financially. Angela not only had a knack for languages but loved mathematics. In a high school geometry class, she was rewarded with 100% on a test, which astounded even the teacher who believed that there was no such thing as a perfect mark. This brings us to Angela's career, working with numbers at the Royal Bank for 35 years and also at CIBC and the School Board.

Angela met a young man, Calvin, who she liked and knew as a customer at the Bank but was too shy to talk to him. They met, quite by chance, at a friend's home and started dating. Over a year later, they were married on November 23, 1963, a date they could never forget because this was the day after President John F. Kennedy was assassinated.

Angela and Cal moved to Richmond Hill where their two sons were born. They then moved to Cedar Valley until Angela's husband passed away, at which time Angela bought a home in Stouffville.

Angela's home was located near Parkview Village. She would walk or drive by and was impressed with the buildings and grounds. When her eye sight started to deteriorate, Angela realized she had to think about making a change. She had met many people at the 55 Plus Club who spoke highly of Parkview Village, the very place she had quietly admired for some years. So it was to be-Angela moved to Parkview in August of 2015 and she doesn't regret it for a moment and is very happy to live here.

Angela we are so pleased that you live here. We thank you for your many positive contributions in so many ways. Thank you to adding so much to the vibrancy of Parkview!



Angela Graham

A word from our Chaplain

Behold, how good and how pleasant it is for brethren to dwell together in unity!

Psalm 133:1

As I write this we have just had a little snow on the ground, after a few days of glorious sunshine and warmth! Spring is on the way, and will be upon us before we know it. It was a long, cold winter and we are all craving the sunshine. I noticed with the better weather that spirits are noticeably lifted. There are more smiles and there is a lightness in people's steps.

With those lifted spirits come better relations with our neighbours and relatives. Everything looks and feels cheerier and so our interactions reflect that. We don't even have to try. We feel blessed when we have come through a tough winter. We feel hopeful. Our positive feelings reflect that hopefulness and we bless others with smiles and patience and even outright joy!

The world's emergence from winter to the promise of spring serves as a reminder that *the darkness is passing away, and the real light is already shining*. (1John 2:8b) We are reminded, then, that we are called to *love one another*. Every faith calls for us to love our neighbours, and our love *should not be just words and talk; it must be true love, which shows itself in action*. (1John 3:18)

So as we shake off the heavy spirit that may have weighed on us in the dark of winter, and as we turn to face the sun and welcome the warm days, may we share our joy with those around us in words and actions and dwell in cheerful unity!

Blessings to you this spring and special Easter blessings to you all.

Chaplain Liz Brasier

Alzheimer Society Support Group

In partnership with Parkview Home, the Alzheimer Society of York Region is pleased to offer a family support group to provide information on coping with and caring for people with Alzheimer's disease and related disorders.

Location: Parkview Home, Meeting Room from 7—8:30pm

March 27th, April 24th & May 22nd

For further information please contact
the Alzheimer Society of York Region at:

(905) 726-3477

or

1-888-414-5550